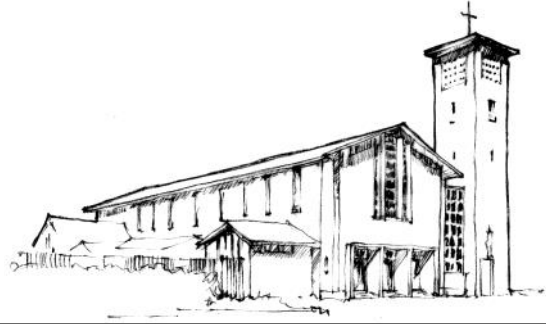


Welcome to

St Joan of Arc Parish Haberfield



PENTECOST

19 May 2024

(Year B)

Parish Office:

97 Dalhousie St Haberfield NSW 2045

P: 02 9798 6657

E: admin@stjoanofarc.org.au

W: www.stjoanofarc.org.au

Office hours:

Tues, Wed, Thurs, 9am - 3pm

Parish Priest: Fr Thomas Kurunthanam
Thomas.Kurunthanam@sydneycatholic.org

Parish Team:

Secretary:

Pastoral Associate:

Alf Tornatore

Pastoral.Associate@stjoanofarc.org.au

**Parish Safeguarding Support Officer
(PSSO):**

Tony Mediati

0413 481 039

PSSO@stjoanofarc.org.au

Eucharist:

Weekend:

Saturday evening: 5.00pm

Sunday: 9.00am & 6.00pm

(Check for changes on special
Feast Days)

Weekdays:

Wednesday & Thursday: 9.00am

Friday: 9.15am

Reconciliation:

Saturday: 4:30pm - 4.50pm

Schools:

SJOA Primary:

Principal: Amanda Gahan

P: 9798 9780

Domremy College:

Principal: Antoinette McGahan

P: 9712 2133

From the Pastor

Pentecost



We have started a season of feasts: Ascension last Sunday, Pentecost this weekend, Holy Trinity next weekend followed by the feast of the Body and Blood of Christ. In addition, there are some major feasts during weekdays of May and June – Mary Help of Christians (May 24), Visitation of the Blessed Virgin Mary (May 31), and the Sacred Heart of Jesus (June 7). There is no other time of the year has the constellation of so many feasts in the liturgical calendar. Each of these feasts reminds us of how the Glory of God is manifested through the Church.

At the Feast of Pentecost, Peter proclaimed the good news of Jesus Christ with vigour and conviction. It made many converts and they in turn bore great witness to the Word of God to the rest of the world. Such enthusiasm is not common these days. Fr James Mallon (author of *Divine Renovations*) would state that Church in the West is in a maintenance mood, and we need to work towards making our parishes mission oriented. Most parishioners seem to be happy to continue just as they have been, and any appetite for Mission orientated activities is missing. Sherry Weddell calls for Christians to be intentionally embracing their faith in Jesus Christ, rather than aimlessly following the rituals and routines of the religion.

We are not short of motivated good people. On the whole people want to do the right thing. They see the 'law' as a line separating the right and wrong and try to do the right thing by law. Is that all a Christian need to do? If in a family the couple and their children are limiting their life to legal obligations, would that be a family where life abounds? It is the personal relationships between the members that will make family life fuller. Similarly until we see Jesus as the truth and modify our behaviours to what God desires, our religion will be dull and boring.

In his encyclical "*Fratelli Tutti*", Pope Francis highlights the importance of listening to the stories of the seniors (cf #98). On this 70th anniversary of the regrouping of our parish where we are now, we have many seniors who could share stories of faith and commitment. I want the young people of the parish to listen to them and retell them to enthuse the rest of the parish community.

The source and Summit of our faith celebration is the Eucharist. Therefore, I would like to see Youth Mass at 6 pm on Sundays with young people celebrating their Christian identity in a manner only they can do. Young people, you are full of life, and I need you to help me infuse greater life in the parish. Youth Mass is not just a celebration, it is a ministry to the Parish Community.

First reading: Acts 2:1-11*Jesus was lifted up while they looked on*

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day He gave His instructions to the apostles He had chosen through the Holy Spirit, and was taken up to heaven. He had shown Himself alive to them after His Passion by many demonstrations: for forty days He had continued to appear to them and tell them about the kingdom of God. When He had been at table with them, He had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is' He had said 'what you have heard Me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.' Now having met together, they asked Him, 'Lord, has the time come? Are You going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by His own authority, but you will receive power when the Holy Spirit comes on you, and then you will be My witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.' As He said this He was lifted up while they looked on, and a cloud took Him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen Him go there.'

*The word of the Lord.***Thanks be to God****Responsorial Psalm Ps 103:1, 24, 29-31, 34***R. Lord, send out your Spirit and renew the face of the earth.*

Bless the Lord, my soul!
 Lord God, how great you are,
 How many are your works, O Lord!
 The earth is full of your riches. **R.**

You take back your spirit, they die,
 returning to the dust from which they came.
 You send forth your spirit, they are created;
 and you renew the face of the earth. **R.**

May the glory of the Lord last for ever!
 May the Lord rejoice in his works!
 May my thoughts be pleasing to him.
 I find my joy in the Lord. **R.**

2nd Reading**Ephesians 5:16-25***The fruit of the Spirit.*

If you are guided by the Spirit you will be in no danger of yielding to self-indulgence, since self-indulgence is the opposite of the Spirit, the Spirit is totally against such a thing, and it is precisely because the two are so opposed that you do not always carry out your good intentions. If you are led by the Spirit, no law can touch you. When self-indulgence is at work the results are obvious: fornication, gross indecency and sexual irresponsibility; idolatry and sorcery; feuds and wrangling, jealousy, bad temper and quarrels; disagreements, factions, envy; drunkenness, orgies and similar things. I warn you now, as I warned you before: those who behave like this will not inherit the kingdom of God. What the Spirit brings is very different: love, joy, peace, patience, kindness, goodness, trustfulness, gentleness and self-control. There can be no law against things like that, of course. You cannot belong to Christ Jesus unless you crucify all self-indulgent passions and desire. Since the Spirit is our life, let us be directed by the Spirit.

*Thanks be to God.***Gospel Acclamation****Alleluia, Alleluia!***Alleluia, alleluia!* Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of Your love. *Alleluia!***Gospel****John 15:26-27; 16:12-15***The Spirit of Truth will guide you to the complete Truth.*

Jesus said to His disciples:
 'When the Advocate comes,
 whom I shall send to you from the Father,
 the Spirit of Truth who issues from the Father,
 He will be my witness.
 And you too will be witnesses,
 because you have been with me from the outset.
 'I still have many things to say to you
 but they would be too much for you now.
 But when the Spirit of Truth comes
 He will lead you to the complete Truth,
 since He will not be speaking as from Himself
 but will say only what He has learnt;
 and He will tell you of the things to come.
 He will glorify Me,
 since all He tells you
 will be taken from what is Mine.
 Everything the Father has is Mine;
 that is why I said:
 All He tells you
 will be taken from what is Mine.

*The Gospel of the Lord.***Praise to You, Lord Jesus**



Lo Spirito Santo è lo Spirito di Cristo ed è la Persona divina che diffonde nel mondo la possibilità di imitare Cristo, dando Cristo al mondo e facendolo vivere in noi.

Nell'insegnamento e nell'opera di Cristo, nulla è più essenziale del perdono. Egli ha proclamato il regno futuro del Padre come regno dell'amore misericordioso. Sulla croce, col suo sacrificio perfetto, ha espiato i nostri peccati, facendo così trionfare la misericordia e l'amore mediante - e non contro - la

giustizia e l'ordine. Nella sua vittoria pasquale, egli ha portato a compimento ogni cosa. Per questo il Padre si compiace di effondere, per mezzo del Figlio, lo Spirito di perdono. Nella Chiesa degli apostoli il perdono viene offerto attraverso i sacramenti del battesimo e della riconciliazione e nei gesti della vita cristiana. Dio ha conferito al suo popolo una grande autorità stabilendo che la salvezza fosse concessa agli uomini per mezzo della Chiesa! Ma questa autorità, per essere conforme al senso della Pentecoste, deve sempre essere esercitata con misericordia e con gioia, che sono le caratteristiche di Cristo, che ha sofferto ed è risorto, e che esulta eternamente nello Spirito Santo.

Prima lettura

At 2, 1-11

Tutti furono colmati di Spirito Santo e cominciarono a parlare.

Mentre stava compendosi il giorno della Pentecoste, si trovavano tutti insieme nello stesso luogo. Venne all'improvviso dal cielo un fragore, quasi un vento che si abbatte impetuoso, e riempi tutta la casa dove stavano. Apparvero loro lingue come di fuoco, che si dividevano, e si posarono su ciascuno di loro, e tutti furono colmati di Spirito Santo e cominciarono a parlare in altre lingue, nel modo in cui lo Spirito dava loro il potere di esprimersi.

Abitavano allora a Gerusalemme Giudei osservanti, di ogni nazione che è sotto il cielo. A quel rumore, la folla si radunò e rimase turbata, perché ciascuno li udiva parlare nella propria lingua. Erano stupiti e, fuori di sé per la meraviglia, dicevano: «Tutti costoro che parlano non sono forse Galilei? E come mai ciascuno di noi sente parlare nella propria lingua nativa? Siamo Parti, Medi, Elamiti; abitanti della Mesopotamia, della Giudea e della Cappadocia, del Ponto e dell'Asia, della Frigia e della Panfilia, dell'Egitto e delle parti della Libia vicino a Cirene, Romani qui residenti, Giudei e proseliti, Cretesi e Arabi, e li udiamo parlare nelle nostre lingue delle grandi opere di Dio». **Parola di Dio.**

Rendiamo grazie al Signore.

Salmo Responsoriale (Sal.103)

R Manda il tuo Spirito, Signore, a rinnovare la terra.

Benedici il Signore, anima mia!
Sei tanto grande, Signore, mio Dio!
Quante sono le tue opere, Signore!
Le hai fatte tutte con saggezza;
la terra è piena delle tue creature. **R**

Togli loro il respiro: muoiono,
e ritornano nella loro polvere.

Mandi il tuo spirito, sono creati,
e rinnovi la faccia della terra. **R**

Sia per sempre la gloria del Signore;
gioisca il Signore delle sue opere.
A lui sia gradito il mio canto,
io gioirò nel Signore. **R**

Seconda lettera Gal 5, 16-25

Il frutto dello Spirito.

Fratelli, camminate secondo lo Spirito e non sarete portati a soddisfare il desiderio della carne. La carne infatti ha desideri contrari allo Spirito e lo Spirito ha desideri contrari alla carne; queste cose si oppongono a vicenda, sicché voi non fate quello che vorreste. Ma se vi lasciate guidare dallo Spirito, non siete sotto la Legge. Del resto sono ben note le opere della carne: fornicazione, impurità, dissolutezza, idolatria, stregonerie, inimicizie, discordia, gelosia, dissensi, divisioni, fazioni, invidie, ubriachezze, orge e cose del genere. Riguardo a queste cose vi preavviso, come già ho detto: chi le compie non erediterà il regno di Dio. Il frutto dello Spirito invece è amore, gioia, pace, magnanimità, benevolenza, bontà, fedeltà, mitezza, dominio di sé; contro queste cose non c'è Legge. Quelli che sono di Cristo Gesù hanno crocifisso la carne con le sue passioni e i suoi desideri. Perciò se viviamo dello Spirito, camminiamo anche secondo lo Spirito.

Parola di Dio

Rendiamo grazie al Signore.

Canto al Vangelo

Alleluia, alleluia.

Vieni, Santo Spirito,
riempi i cuori dei tuoi fedeli
e accendi in essi il fuoco del tuo amore.

Alleluia.

† **Dal Vangelo secondo Giovanni (Gv 15,26-27; 16,12-15)**

Lo Spirito di verità vi guiderà alla verità tutta intera.

In quel tempo, Gesù disse ai suoi discepoli: «Quando verrà il Paraclito, che io vi manderò dal Padre, lo Spirito della verità che procede dal Padre, egli darà testimonianza di me; e anche voi date testimonianza, perché siete con me fin dal principio. Molte cose ho ancora da dirvi, ma per il momento non siete capaci di portarne il peso. Quando verrà lui, lo Spirito della verità, vi guiderà a tutta la verità, perché non parlerà da se stesso, ma dirà tutto ciò che avrà udito e vi annuncerà le cose future. Egli mi glorificherà, perché prenderà da quel che è mio e ve lo annuncerà. Tutto quello che il Padre possiede è mio; per questo ho detto che prenderà da quel che è mio e ve lo annuncerà»

Parola del Signore.

Lode a te, Signore Gesù Cristo

Sequence

Holy Spirit, Lord of Light,
From the clear celestial height
Thy pure beaming radiance give.

Come, thou Father of the poor,
Come with treasures which endure
Come, thou light of all that live!

Thou, of all consolers best,
Thou, the soul's delightful guest,
Dost refreshing peace bestow

Thou in toil art comfort sweet
Pleasant coolness in the heat
Solace in the midst of woe.

Light immortal, light divine,
Visit thou these hearts of thine,
And our inmost being fill:

If thou take thy grace away,
Nothing pure in man will stay
All his good is turned to ill.

Heal our wounds, our strength renew
On our dryness pour thy dew
Wash the stains of guilt away:

Bend the stubborn heart and will
Melt the frozen, warm the chill
Guide the steps that go astray.

Thou, on us who evermore
Thee confess and thee adore,
With thy sevenfold gifts descend:

Give us comfort when we die
Give us life with thee on high
Give us joys that never end.

Sequenza

Vieni, Santo Spirito,
manda a noi dal cielo
un raggio della tua luce

Vieni, padre dei poveri,
vieni, datore dei doni,
vieni, luce dei cuori.

Consolatore perfetto,
ospite dolce dell'anima,
dolcissimo sollievo.
Nella fatica, riposo,
nella calura, riparo,
nel pianto, conforto.

O luce beatissima,
invadi nell'intimo
il cuore dei tuoi fedeli.
Senza la tua forza,
nulla è nell'uomo,
nulla senza colpa.

Lava ciò che è sordido,
bagna ciò che è arido,
sana ciò che sanguina.

Piega ciò che è rigido,
scalda ciò che è gelido,
drizza ciò che è sviato.

Dona ai tuoi fedeli,
che solo in te confidano
i tuoi santi doni.

Dona virtù e premio,
dona morte santa,
dona gioia eterna.



Writings by the Fathers of the Church

From the treatise "Against the Heresies" by St Irenaeus **The sending of the Holy Spirit**

When the Lord told His disciples to go and teach all nations and baptize them in the name of the Father and of the Son and of the Holy Spirit, He conferred on them the power of giving men new life in God.

He had promised through the prophets that in these last days He would pour out His Spirit on His servants and handmaids, and that they would prophesy. So when the Son of God became the Son of Man, the Spirit also descended upon Him, becoming accustomed in this way to dwelling with the human race, to living in men and to inhabiting God's creation. The Spirit accomplished the Father's will in men who had grown old in sin, and gave them new life in Christ.

Luke says that the Spirit came down on the disciples at Pentecost, after the Lord's ascension, with power to open the gates of life to all nations and to make known to them the new covenant. So it was that men of every language joined in singing one song of praise to God, and scattered tribes, restored to unity by the Spirit, were offered to the Father as the first-fruits of all the nations.

This was why the Lord had promised to send the Advocate: He was to prepare us as an offering to God. Like dry flour, which cannot become one lump of dough, one loaf of bread, without moisture, we who

are many could not become one in Christ Jesus without the water that comes down from heaven. And like parched ground, which yields no harvest unless it receives moisture, we who were once like a waterless tree could never have lived and borne fruit without this abundant rainfall from above. Through the baptism that liberates us from change and decay we have become one in body; through the Spirit we have become one in soul.

The Spirit of wisdom and understanding, the Spirit of counsel and strength, the Spirit of knowledge and the fear of God came down upon the Lord, and the Lord in turn gave this Spirit to his Church, sending the Advocate from heaven into all the world into which, according to his own words, the devil too had been cast down like lightning.

If we are not to be scorched and made unfruitful, we need the dew of God. Since we have our accuser, we need an advocate as well. And so the Lord in his pity for man, who had fallen into the hands of brigands, having Himself bound up His wounds and left for His care two coins bearing the royal image, entrusted Him to the Holy Spirit. Now, through the Spirit, the image and inscription of the Father and the Son have been given to us, and it is our duty to use the coin committed to our charge and make it yield a rich profit for the Lord.

Reflection on John 15:26-27; 16:12-15

Historical Context – Pentecost

The word Pentecost comes from the Greek for fiftieth day. Pentecost Sunday ends the season of Easter and comes as a Sabbath day after seven weeks of seven days. In Jewish tradition the 50th day after the Passover was celebrated as a blessing of the harvest and rather than the unleavened bread of Passover it was celebrated by leavening the bread. It was for this reason that the disciples were gathered together when they experienced the Holy Spirit empowering them. In Christian tradition, Pentecost is celebrated as the arrival of the Spirit, promised by Jesus, that animated the disciples to spread the gospel of Jesus and gather believers to form what would eventually become the Church.

Have you thought? The Spirit

We can sometimes regard Pentecost as the day the Holy Spirit came into the world. However, the Spirit had long been active in the world before this event. In fact, even the second verse of Genesis Chapter 1 tells us that the Spirit hovered over the waters. The Old Testament is filled with references in which 'The Spirit of God came upon (him) with power' and the Spirit was evident at Jesus' baptism and throughout the gospels. Jesus is frequently described as being 'filled with the Spirit'. So, from the very beginning of creation the Spirit has moved in the world and continues to energise it today.

Living the Gospel – Come, Holy Spirit

'Come, Holy Spirit', or its Latin, *Veni Sancte Spiritus*, has become the basis of countless prayers and hymns over many hundreds of years. To this day, it remains a powerful invocation that can be used in prayer or meditation. Three simple words convey a wealth of meaning. The invitation for the Spirit to 'Come' indicates recognition of the need for the Spirit's intervention and openness to accept the guidance that the Spirit brings. It is a powerful, simple prayer that can be used at the outset of any significant undertaking or whenever you find yourself in need of inspiration.

REFLECTION PENTECOST

The Holy Spirit works through us

At the centre of Christian faith is the great paradox: there is only ONE God; yet God is THREE [Father, Son and Spirit]. We know this because of the witness of Jesus' own life and the gift of the Holy Spirit that Jesus' promises His disciples.

Pentecost is the celebration of that promise when the disciples, "filled with the Holy Spirit", have their lives upturned, transforming them into evangelists and missionaries. This is the day the Church begins its missionary outreach to proclaim the "marvels of God" to all the world.

In Acts of the Apostles, Luke strains to explain this experience of the Holy Spirit in words. Rather, he gives us images of a mighty wind, tongues of fire, and disciples speaking in multiple languages! However else we imagine this it is, in the words of a 5th century Syrian monk Pseudo-Dionysius, a mystical experience. This same monk gives us the image of the trinitarian "dancing God" of dynamic light, dazzling darkness, gift, excess, silence and transcendence bringing humanity and creation into being to display the divine glory.

We cannot speak of the Holy Spirit as independent of Father and Son; nor should we speak of any 'person' of the Trinity in isolation. A 12th century monk, Richard of St Victor, speaks of the triune God as a loving wave originating in the Father, ebbing and flowing in the Son, then spread with joy through the Holy Spirit. Richard's teacher and fellow-monk, Hugh

of St Victor, speaks of the "three eyes of knowing": bodily sensation; rational thought; spiritual awakening. It is this third form of knowing – whether we call it mystical awareness or spiritual awakening – that is the gift of the Spirit.

Too often our culture dismisses the "spirit world" as a place of magic and sorcery. This is a danger if we isolate spiritual knowledge and mystical awareness from the loving embrace of Father, Son and Spirit. Our Christian vocation is to be "Spirit-filled" people who rely not on our own resources but on the power of the living God in our midst to transform the world. The Spirit brings insight, compassion, comfort and joy to our lives, not by turning our backs on suffering and evil, but through the celebration of the liberating presence and revolutionary promises of God to redeem the world.

Pentecost reminds us the Church exists to herald and proclaim the Gospel to the world. Our primary concern must always be with outsiders, people who have not yet come to know the presence of Christ nor the gift of the Spirit.

To appreciate this gift of faith is to be a mystic – and to live this faith is to be missionary. Pentecost was not a one-off event. Rather, Pentecost is the ongoing experience of the movement of the Holy Spirit in our world calling us to the ever-deepening, always surprising, realisation that God is with us, God is in us, and God works through us. And so, we pray: "Come Holy Spirit".

Gerard Hall SM
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MONTHLY

YOUTH MASS OF
CELEBRATION &
THANKSGIVING
At St Joan of Arc

Singers and Musicians required

Professional Learning Seminar

THLS606 Celebrating Liturgy Today: Exploring the Ritual Enactment of Faith

Explores the nature of liturgy as an expression of faith focusing on the Eucharist .

**Details: 8, 9, 10, 11 July 2024,
9am-5pm Live Online via Zoom**

Cost: The cost of the Professional Learning Seminar is \$600 per person (for 12 contact hours over 8 sessions in total).

*For more information contact
CentreforLiturgy@acu.edu.au, 029701 4751*

Recently Deceased: Monica Zadro, (Fr. Phil's sister in law) Lee & The Families, Frank Sibillin, Santo Talarico,.

Please note: Names of **Recently Deceased** will remain for **1 month** period before being removed.

Anniversary: Cesare Maresso, Mario Carlucci, Joe Di Marti, Rosario Daidone, Pietro & Anna Giarratano, Elisabetta Areana, Giuseppe Ciliberto,

Rest in Peace: Santo Talarico, Domenica Di Gregorio,

Please note: Names of **Anniversary and Rest in Peace** will remain for **2 weeks** period before being removed.

In your love and concern please pray for the following ill members of our community: Sam Taufa'ao, Enrico Cuomo, Neville Hill, John Kcoury, Mary Finios, Rose Uthappa, Glen Dixon, Venu Uthappa, Roberto Tramarin, Vittoria Lavecchia, Anna Attard, Rosa Santos, Elisha Lau, Aitken Family, Liz Smith, Pat Rankine, Jerry Andre, Donna Neeley, Adeline Ashing, Annelise Buda, Giovanni Luci, Stephan Ferenc, Giancarlo Buda, Mario Bianco,



Welcome & Events Committee Fashion Parade

*Lovely clothes will be modelled
and will be for sale,
many at discounted prices*

Tickets: \$10
Saturday 1st June 2024
Commencing: 1pm
SJA School Hall, Haberfield

*Tickets available after weekend Masses
or from the Piety store*

Time to Register

for First Holy Communion

Google form for each Sacrament can be located on the parish website - <https://www.stjoanofarc.org.au/> under the tab "Sacraments 2024".

*If you have any further questions please email
AlfioTornatore Pastoral.Associate@stjoanofarc.org.au*

**Barista-made
coffee at your
next event!**



**Pope Francis has called
for 2025 to be a
Jubilee Year**

**"Pilgrims of Hope:
On the path of peace"**



Holy Father's Monthly Prayer Intentions

May *For the formation of religious and seminarians*

We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual & community formation, leading them to be credible witnesses to the Gospel

June *For migrants fleeing their homes*

We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them.

Liturgy Ministers

Volunteers are invited to be trained for various liturgical ministries. These include Lector (Reader at Mass), Extraordinary Minister of Holy Communion, Acolyte, Sacristan, and Music Ministry. Schedule and registration forms can be found on the Liturgy Office website <https://liturgy.sydneycatholic.org/ministry-training-formation>.

Applicants will require Parish Priest's reference. Therefore, volunteers may contact me before registering for the training.

The training sessions are done in various parishes and Archdiocesan Offices, St Martha's, 38 Renwick St, Leichhardt. Dates of courses at St Martha's are as follows:

EMHC: Tuesdays 21st May, 28th May and 4th June, 6pm-9pm.

**Come join us
for Morning Tea
Sunday 26 May
after 9am Mass
for Maria Condello's
thanksgiving & farewell**



Please sign the card in the Piety store beforehand



A message from the Archdiocese of Sydney

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org.

You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

Catholic Inquiry

RCIA team of the parish will be conducting Catholic Inquiry sessions in the Church on the following dates.

Thursday, June 6 at 7pm - 8pm
Thursday, June 13 at 7pm - 8pm
Thursday, June 27 at 7 pm - 8pm.

Those who are interested in learning about Catholic Faith and those wanting to join Catholic Church are welcome to participate. Contact Fr Thomas or the parish office for more information.

Fr Thomas is looking for volunteers to join RCIA Team. Speak with him, if you are interested.

WALK WITH CHRIST
 FEAST OF CORPUS CHRISTI
SUNDAY 2ND JUNE | 2024

CATHOLIC ARCHDIOCESE OF SYDNEY
 Catholic Communities & Crematoria

WWW.SYDNEYCATHOLIC.ORG/WALKWITHCHRIST

FESTIVAL:
 Martin Place from 1:00PM

PROCESSION:
 Begins at 2:30PM sharp.
 Corner of Martin Place and Pitt St



JOIN US FOR THE FIRST OF OUR MONTHLY

ST JOAN OF ARC PARISH DINNER CLUB

OUR FIRST DINNER CLUB WILL TAKE PLACE ON THURSDAY 30TH MAY SO THAT WE CAN CELEBRATE THE FEAST DAY OF OUR SAINT.

DATE: THURSDAY 30TH MAY
 LOCATION: BISTRO COCOTTE, 78 RAMSAY STREET HABERFIELD
 TIME: 6:30PM
 COST: \$75 PER PERSON SET MENU

SET MENU

CHOOSE ONE DISH FROM EACH OF THE THREE COURSES

Entree:
 French Onion Soup
 Duck Liver Parfait
 Baked Salmon Cocotte

Main:
 Pan Seared Barramundi with Leek Fondue, Mussels & Little Neck Clam
 Steamed Black Mussels in Provencal Sauce
 Confit Pork Belly

Dessert:
 Petit Fours
 Selection of Ice Cream
 Creme Brulee

LIMITED PLACES AVAILABLE TO SECURE YOUR SPOT PLEASE CONTACT AMANDA, CARMEL OR RHONDA



Standard Mental Health First Aid

The Standard Mental Health First Aid® (MHFA®) course teaches participants how to provide initial support to another adult who may be experiencing a mental health problem or mental health crisis, until professional help is received, or the crisis resolves.

Course participants learn about the signs and symptoms of common mental health problems in adults, how to recognise and respond to an emerging or worsening mental health problem and the treatments and supports available.



Intervene early

Recognise the warning signs of mental health problems in other adults.



Offer support

Learn the skills to speak openly and accurately about mental health.



Learning Outcomes

Upon completion of this course participants will be able to:

- Recognise the signs and symptoms of mental health problems in adults
- Use an evidence-based action plan to initiate a mental health first aid conversation
- Assess for a range of crisis situations and provide initial support
- Understand the prevalence and impact of mental illnesses, risk factors and treatments and supports available
- Apply self-care practices as a Mental Health First Aider.



Respond in a crisis

Respond across a range of crisis situations where an adult may be at risk of harm.



Reduce stigma

Reduce stigma and increase support for adults experiencing and living with mental health problems.

Adults who complete a Standard MHFA course become Mental Health First Aiders (MHFAiders), equipped with the knowledge, confidence, and skills to provide mental health information and support when it matters most.

The Standard Mental Health First Aid course is based on guidelines that are informed by people with lived experience, their caregivers and health professionals.

Dates Saturday, 22nd & 29th June 2024	Times 9.30am - 4.00pm
Cost \$25 donation for book (Lunch included)	Facilitator/s Sr. Ruth Davis
Venue / Delivery Method St Joan of Arc School (multi purpose centre) 88 Dalhousie St Haberfield.	

*Costs include course participation and all relevant teaching materials.

To learn more about MHFA training and becoming an MHFAider visit mhfa.com.au

Anyone can have a conversation that may save a life. Everyone should know how.

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